HEDIS® Tip Sheet 2020-21
Follow-Up after Hospitalization for Mental Illness (FUH)

Why Is the HEDIS FUH Measure Important?

Data from the most recent National Survey on Drug Use and Health showed that almost 5% of U.S. adults have a serious mental illness. Of these, about 45% have a perceived unmet need for mental health care. While evidence-based treatment is effective and available, many people do not receive or complete an intervention.

Members hospitalized for mental health issues are vulnerable after discharge. Follow-up care by trained mental health providers is critical.

FUH Measure Description

HEDIS requires a timely outpatient follow-up visit with a qualified mental health provider (includes telehealth visits) or in certain outpatient settings. The FUH measure applies to our members ages 6 years and older discharged from an acute inpatient stay. The principal diagnosis at discharge must be mental illness or intentional self-harm.

Document the date of the first follow-up visit that is at least one calendar day after discharge. This measure calculates two rates for the first follow-up visit:

• Within 7 days
• Within 30 days

If the first follow-up visit is within seven days after discharge, then both rates are counted for this measure.

Mental Health Providers

The following providers can perform the FUH: psychologist, psychiatrist, clinical social worker, mental health occupational therapist, psychiatric/mental health nurse practitioner/clinical nurse specialist, neuropsychologist, psychoanalyst, professional counselor, marriage and family therapist

Medical Record Documentation and Best Practices

• Prior to discharge:
  • Identify and remove barriers that prevent our members from follow-up appointments or following recommendations
  • Consider case management to help with our members needs
  • Discuss the importance of seeking follow-up with a mental health provider
  • Ensure our members have adequate access to prescribed medications

• Send discharge paperwork to the appropriate outpatient mental health provider within 24 hours of discharge

• Coordinate care between behavioral health and primary care physicians by sharing progress notes and updates

• Reach out to members who cancel appointments to reschedule as soon as possible

Behavioral Health Codes

Coding Instructions

Use CPT®, HCPCS and ICD-10 to close gaps

Follow-Up Visits

CPT:
90791-2, 90832-40, 90845, 90847, 90849, 90853, 90875-6, 98960-2, 98966-8, 99078, 99201-5, 99211-5, 99217-23, 99231-3, 99238-9, 99241-5, 99251-5, 99341-5, 99347-50, 99381-7, 99391-7, 99401-4, 99411-2, 99441-3, 99483, 99495-6, 99510

HCPCS:

Mental Illness Diagnosis Codes

ICD-10:

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